# Academies.

Academies offer professional tuition in a range of sports, leisure pursuits, creative activities and academic subjects, and are designed to increase students' skills, technique and knowledge.

Adventure Sports > Animal Management > Basketball Skills > Commercial Pop Dance > Creative Writing > Critical Thinking > English Literature > Essay Writing > Flying > Football Skills >

Golf > Horse Riding > International Relations > Management > Masterchef > Maths > Mountain Biking > Performing Arts > Photography > Presenting >

BEDESSUMMERSCHOOL.ORG

## Academies

Our portfolio of optional Academies perfectly exemplifies our approach towards student-centred learning and programme design.

Each student can customise their experience at Bede's with the opportunity to extend and expand their learning in and out of the classroom in small, supervised groups under expert tuition.

Academies can bring many benefits: some stimulate students' creativity, others expand their capacity for reflection and others help students to develop their critical thinking skills. Some raise students' fitness levels and ability, while others help students to improve their self-confidence by challenging them to step outside of their comfort zone. Every academy, whether it be a sport, creative activity, leisure pursuit or academic subject will help students to develop their communication skills, confidence in speaking and fluency.

Academies are available for all levels: Beginner, Elementary, Intermediate and Advanced. Beginners will start with the basics while advanced students will perfect their technique and skills.



# **Adventure Sports**

#### **OBJECTIVES**

- To challenge participants to step outside their comfort zones
- To improve self-confidence
- To be aware of one's own abilities and limitations
- To exercise judgment to assess and control risk
- To develop physical strength and endurance

#### FURTHER INFORMATION

Academy consists of two sports per week which may include: Kayaking, Stand-up Paddle Boarding, Windsurfing, Climbing, Raft Building and Archery.

A minimum number of students is required for the Academy to run. If an Academy is cancelled a refund will be given.









COURSES	Pathways to Higher Education (Brighton) > English Plus (Dicker only) >
VENUE	External venue
HOURS	2 x 2 hour sessions per week
DAYS	Two days out of Monday, Tuesday, Thursday and Friday
AGES	12–19
LEVELS	Beginner, Elementary, Intermediate and Advanced
INSTRUCTION	In small groups
FEE	£275 per week

#### DATES

PATHWAYS TO Higher Education (Brighton)	Week 1: 11–17 Jul Week 3: 25–31 Jul
ENGLISH PLUS	Week 2: 18–24 Jul

# Animal Management

#### **OBJECTIVES**

- To stimulate curiosity for the natural world
- To increase sense of responsibility towards animals and other living beings
- To learn about animal biology, typical animal behavioural traits and conservation
- To master the fundamentals of exotic animal management and aquarium management
- To acquire hands-on experience handling and looking after animals
- To exercise judgement to assess and control risk relating to animals
- To increase vocabulary relating specifically to animals and animal management









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COURSE	Little Explorers (Eastbourne) >
VENUE	Dicker campus
HOURS	6 hours per week (4 x 1½ hour sessions)
DAYS	Monday, Tuesday, Thursday and Friday
AGES	6–11
LEVELS	Beginner, Elementary, Intermediate and Advanced
INSTRUCTION	One teacher per 10 students
FEE	£225 per week
DATES	All weeks

# **Basketball Skills**

#### **OBJECTIVES**

- To gain a deep understanding of the rules of basketball
- To master ball control and dribbling with the ball
- To raise fitness levels and agility
- To improve the ability to make quick (and correct) decisions
- To develop sportsmanship and respect both on and off the court
- To encourage teamwork and communication
- To increase vocabulary specifically relating to basketball









SUMMARY	
COURSE	English Plus (Dicker only) >
VENUE	Sports hall on campus
HOURS	6 hours per week (4 x 1½ hour sessions)
DAYS	Monday, Tuesday, Thursday and Friday
AGES	12–17
LEVELS	Beginner, Elementary, Intermediate and Advanced
INSTRUCTION	One teacher per 10 students
FEE	£225 per week
DATES	Week 2: 18–24 Jul Week 4: 1–7 Aug

# Commercial Pop Dance

#### **OBJECTIVES**

- To improve awareness about posture and position in commercial pop dance
- To develop greater balance, flexibility and strength
- To increase confidence
- To gain coordination
- To learn dance moves and footwork specific to commercial pop dance
- To choreograph and perform routines
- To enhance musicality and performance progressively

A minimum number of students is required for the Academy to run. If an Academy is cancelled a refund will be given.





SUMMARY	
COURSES	Adventures in English (Windlesham) > English Plus (Dicker) > English Plus (Lancing) >
VENUE	Dance studio on campus
HOURS	6 hours per week (4 x 1½ hour sessions)
DAYS	Monday, Tuesday, Thursday and Friday
AGES	10–19
LEVELS	Beginner, Elementary, Intermediate and Advanced
INSTRUCTION	One coach per 14 students
FEE	£225 per week

# DATESADVENTURES<br/>IN ENGLISH<br/>(WINDLESHAM)Week 2: 18–24 Jul<br/>Week 4: 1–7 AugENGLISH PLUS<br/>(DICKER)Week 1: 11–17 Jul<br/>Week 3: 25–31 Jul<br/>Week 5: 8–14 AugENGLISH PLUS<br/>(LANCING)Week 2: 18–24 Jul<br/>Week 4: 1–7 Aug

# **Creative Writing**

#### **OBJECTIVES**

- To feel a sense of enjoyment through writing in another language
- To gain exposure to a variety of stylistic writing techniques
- To promote free individual expression
- To encourage creativity, risk-taking and originality in written work
- To develop a style of writing, personalised to student's knowledge of English
- To learn a variety of different techniques to unlock creative potential
- To increase self-confidence in communication skills









COURSE	English Plus (Dicker) >
HOURS	3 hours per week (2 x 1½ hour sessions)
DAYS	Monday and Tuesday
AGES	12–17
MINIMUM English level	B1
INSTRUCTION	One teacher per 14 students
FEE	£125 per week
DATES	All weeks

# **Critical Thinking**

#### **OBJECTIVES**

- To be able to assess the value of information accuracy
- To develop the ability to articulately express opinions in English
- To learn to assimilate complex information and create balanced view points in English
- To be able to discuss and coherently respond to new and challenging ideas
- To appreciate the differences between good and poor reasoning processes
- To develop curiosity and inquisitive nature
- To increase self-confidence in communication skills







COURSE	English Plus (Lancing)
HOURS	3 hours per week (2 x 1½ hour sessions)
DAYS	Thursday and Friday
AGES	13–19
MINIMUM English level	B1
INSTRUCTION	One teacher per 14 students
FEE	£125 per week
DATES	All weeks

# **English Literature**

#### **OBJECTIVES**

- To read and study extracts from a number of novels. plays and poems and explore their meaning
- To gain an insight into and be able to identify different literary eras
- To study at least one Shakespeare play and be able to contextualise a scene
- To be able to understand idioms from a specific piece and re-produce them in student's own writing
- To practise reading for both gist and detail
- To focus on the use of
- To enact a scene of a novel or poem
- To increase vocabulary relating specifically to English Literature

• Lord of the Flies

by William Golding • Great Expectations

by Charles Dickens

• Animal Farm by George Orwell

#### POSSIBLE NOVELS, PLAYS, POEMS

- Romeo and Juliet by Shakespeare
- *Macbeth* by Shakespeare
- Mrs Dalloway by Virginia Woolf
- Orange Juice by Michael Rosen
- The Canterbury Tales by **Geoffrey Chaucer**

- onomatopoeia in a poem







COURSE	English Plus (Dicker) >
IOURS	3 hours per week (2 x 1½ hour sessions)
DAYS	Thursday and Friday
AGES	12–17
AINIMUM Inglish level	B1
CADEMIC Evel	GCSE
NSTRUCTION	One teacher per 14 students
FEE	£175 per week
DATES	All weeks

# **EssayWriting**

#### **OBJECTIVES**

- To demonstrate and apply basic knowledge of essay structures in English
- To learn to write in concise and grammatically correct sentences
- To develop a sense of coherence from the beginning to the end of an essay
- To learn useful keywords and structures for essay writing
- To develop a style of writing, personalised to student's knowledge of English
- To understand the differences between academic and informal writing
- To increase self-confidence in communication skills







COURSE	English Plus (Lancing)
HOURS	3 hours per week (2 x 1½ hour sessions)
DAYS	Monday and Tuesday
AGES	13—19
MINIMUM LEVEL	B1
INSTRUCTION	One teacher per 14 students
FEE	£125 per week
DATES	All weeks

# **Film and Animation**

#### **OBJECTIVES**

- To learn the fundamentals of how to operate animation software so this can be built on after the academy
- To learn how to photograph a stop motion animation so it is smooth and realistic
- To learn how sounds enhance animations and how to add sound using a sound library and animation software
- To improve understanding of the many uses technology can have today
- To produce a short animated sequence with sounds and music







COURSE	English Plus (Lancing)
VENUE	Location on campus
HOURS	6 hours per week (4 x 1½ hour sessions)
DAYS	Monday, Tuesday, Thursday and Friday
AGES	13–18
LEVELS	Beginner, Elementary, Intermediate and Advanced
INSTRUCTION	One teacher per 10 students
FEE	£225 per week
DATES	Week 2: 18–24 Jul Week 4: 1–7 Aug

# Flying

#### **OBJECTIVES**

• To learn the basics of flying

• To develop student's knowledge of the use of

the power and flaps

• To execute the climb,

descend and landing

The plane has dual-controls,

so the instructor can take

that officially records flying

hours; this can go towards gaining a Pilot's licence

control at any time

• You will receive a logbook

level flight

To maintain straight and

- To understand the correct use of checklists
- To master take-off procedures
- To be taught the effects of the primary controls

#### FURTHER INFORMATION

- You must have perfect vision (glasses or contact lenses are acceptable)
- Your level of English must be at least Pre-Intermediate (A2)
- In addition to your own flying lessons, another student or staff member will usually sit in the back of the plane while you are receiving your flying instruction

A minimum number of students is required for the Academy to run. If an Academy is cancelled a refund will be given.







COURSE	English Plus (Lancing) >
VENUE	At a flying school based at Shoreham Airport
HOURS	1½ hours per week (2 x 45 minute lessons)
DAYS	Usually Monday and Tuesday
AGES	13–18
LEVELS	Beginner, Elementary, Intermediate and Advanced
INSTRUCTION	One fully-qualified flying instructor per student
FEE	£670 per week
DATES	Week 2: 18–24 Jul Week 4: 1–7 Aug

Bede's Flying Academy is excluded from the Studentguardinsurance provided by Chubb.

# **Football Skills**

#### **OBJECTIVES**

- To learn the rules of football
- To master ball control and passing techniques
- To raise fitness level and agility
- To improve the ability to make quick (and the correct) decisions
- To increase positional and spatial awareness
- To enhance shooting techniques
- To encourage team work and communication
- To increase vocabulary relating specifically to football







SUMMARY	
COURSES	Little Explorers (Eastbourne) > English Plus (Dicker and Lancing) > Adventures in English (Windlesham) >
VENUE	Football pitch at a central location to the Bede's centres
HOURS	6 hours per week (4 x 1½ hour sessions)
DAYS	Monday, Tuesday, Thursday and Friday
AGES	6–18
LEVELS	Beginner, Elementary, Intermediate and Advanced
INSTRUCTION	One coach per 12 students
FEE	£225 per week
DATES	
LITTLE EXPLORERS (EASTBOURNE), Adventures in English (Windlesham)	Week 2: 18–24 Jul Week 4: 1–7 Aug
ENGLISH PLUS (DICKER)	Week 1: 11–17 Jul Week 3: 25–31 Jul Week 5: 8–14 Aug
ENGLISH PLUS (Lancing)	Week 2: 18–24 Jul Week 4: 1–7 Aug

# Golf

#### **OBJECTIVES**

- To develop knowledge of the fundamentals of golf
- To enhance course knowledge and management
- To practise the mechanics of the golf swing
- To increase the long game and the short game
- To know the different golf formats
- To play some holes of the course
- To progress further around the golf course
- To increase vocabulary relating specifically to golf

A minimum number of students is required for the Academy to run. If an Academy is cancelled a refund will be given.







# SUMMARYCOURSEEnglish Plus<br/>(Dicker and Lancing) >VENUEAt a local golf clubHOURS6 hours per week<br/>(4 x 1½ hour sessions)DAYSMonday, Tuesday,<br/>Thursday and FridayAGES12–18LEVELSBeginner, Elementary,<br/>Intermediate and AdvancedINSTRUCTIONOne coach per 10 studentsFEE£275 per week

DATES	
ENGLISH PLUS (DICKER)	All weeks
ENGLISH PLUS (Lancing)	Week 1: 11–17 Jul Week 3: 25–31 Jul Week 5: 8–14 Aug

# **Horse Riding**

#### **OBJECTIVES**

- To understand and achieve safe position and handling of a pony or horse
- To demonstrate control and give effective signals to the pony or horse when mounted
- To recognise the importance of balance in walk and trot
- To be able to mount, ride. walk and trot independently

- To practise the canter transition (if possible)
- To experience riding on different terrains
- To ride over poles and fences (if possible)
- To develop riding skills and build confidence
- To increase vocabulary relating specifically to horse riding

#### QUALIFICATIONS AND CERTIFIED AWARDS

Certificate of Achievement of Individual Level of Attainment

#### FURTHER INFORMATION

Students will be given additional tuition, extra to the three hours of riding, in Stable Management (horse care) at the riding stables.

Medical expense claims are limited in the case of horse jumping. Refer to the insurance policy endorsement.

A minimum number of students is required for the Academy to run. If an Academy is cancelled a refund will be given.







COURSES	All (except Study Tour and Pathways to Higher Education)
VENUE	At riding stables near the centre
HOURS	3 hours per week (3 x 1 hour sessions)
DAYS	On three days out of Monday, Tuesday, Thursday and Friday
AGES	6–19
LEVELS	Beginner, Elementary, Intermediate and Advanced
INSTRUCTION	Students receive instruction in small groups
FEE	£275 per week

LITTLE EXPLORERS (EASTBOURNE), ADVENTURES IN ENGLISH (WINDLESHAM), **YOUNG INFLUENCERS** (HANDCROSS), ENGLISH PLUS (LANCING and DICKER)

PATHWAYS TO HIGHER **EDUCATION (BRIGHTON)** 

# International Relations

#### **OBJECTIVES**

- To develop an understanding of some key terms, concepts and processes involved in International Relations
- To gain an insight into the history and structure of the contemporary international political and economic system
- To learn about some contemporary international issues and consider some daily headlines and topical news
- To study a number of vital research techniques
- To increase vocabulary relating specifically to International Relations

• Democracy and Globalisation

• Europe in the World

• The Politics of the

United States

#### **POSSIBLE TOPICS**

- Introduction to contemporary International Relations
- Understanding Global Politics
- International Communication
- Gender and Society







COURSE	English Plus (Lancing)
HOURS	3 hours per week (2 x 1½ hour sessions)
DAYS	Monday and Tuesday
AGES	13–18
MINIMUM LEVEL	B1
ACADEMIC Level	A Level
INSTRUCTION	One teacher per 14 students
FEE	£175 per week
DATES	All weeks

# Management

#### **OBJECTIVES**

- To understand how customers and consumers behave
- To study some of the practical aspects of motivating workers
- To gain an insight into the challenges of being a manager
- To develop an understanding of the psychology of human behaviour
- To recognise a range of different perspectives

#### **POSSIBLE TOPICS**

- People in Business
- Leadership and Performance Management
- Motivating People
- Managing Knowledge
- Decision-Making

- on leadership, including sociological, psychological, functional and critical
- To consider suitable ways by which businesses might recruit and retain their employees
- To learn about the core concepts of Total Quality Management
- To increase vocabulary relating specifically to Management
- Consumer Behaviour
- Human Resource
  Management
- Total Quality Management
- Managing Yourself







COURSE	English Plus (Lancing)
HOURS	3 hours per week (2 x 1½ hour sessions)
DAYS	Thursday and Friday
AGES	13–17
MINIMUM LEVEL	B1
ACADEMIC Level	A Level
INSTRUCTION	One teacher per 14 students
FEE	£175 per week
DATES	All weeks

# Masterchef

#### **OBJECTIVES**

- To learn both local and international recipes
- To encourage creativity and individuality
- To develop a sense of satisfaction and accomplishment in cooking original meals
- To improve the ability to make quick (and correct) decisions
- To develop an understanding of basic culinary concepts
- To create new dishes by understanding how different flavours combine with one another
- To increase vocabulary specifically relating to cooking and dining







COURSE	English Plus (Lancing)
VENUE	Food technology classrooms on campus
HOURS	6 hours per week (4 x 1½ hour sessions)
DAYS	Monday, Tuesday, Thursday and Friday
AGES	13–18
INSTRUCTION	One teacher per 10 students
FEE	£225 per week
DATES	Week 2: 18–24 Jul Week 4: 1–7 Aug

## Maths

#### **OBJECTIVES**

- To develop an understanding of some key mathematical concepts and principles
- To increase confidence in mathematics and recognise the importance of mathematics in society
- To acquire and apply mathematical concepts to solve everyday problems
- To reason mathematically, make deductions and inferences and draw conclusions

**POSSIBLE TOPICS** 

(including the Sine and Cosine Rules)

Algebraic Equations | Quadratic Equations (including the Quadratic

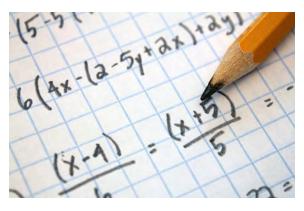
(including Algebraic Fractions) | Circle Theorems | Transformations Area and Circumference of a Circle (including the Area and Perimeter of Partial Circles) | Probability | Indices and Surds | Trigonometry

Formula and Completing the Square) | Equations of Straight

Lines (including Midpoints of Line Segments and Parallel and Perpendicular Lines) | 3D Shapes (including Volumes of Prisms, Cones, Spheres and Frustums) | Calculations with Fractions

#### • To comprehend, interpret and communicate mathematical information in a variety of forms appropriate to the information and context

- To use mathematics to develop models of real situations
- To increase vocabulary relating specifically to Mathematics





COURSE	English Plus (Dicker) >
HOURS	3 hours per week (2 x 1½ hour sessions)
DAYS	Monday and Tuesday
AGES	12–17
MINIMUM Level	B1
ACADEMIC Level	GCSE
INSTRUCTION	One teacher per 14 students
FEE	£175 per week
DATES	All weeks

# **Mountain Biking**

#### **OBJECTIVES**

- To learn how to complete pre-ride safety checks
- To learn how to set up a mountain bike
- To improve spatial awareness on the mountain bike
- To develop general riding skills and perfect technique
- To master a number of manoeuvres within the student's competency level such as the wheelie
- To build confidence to ride on various off-road terrains
- To know limitations to ensure safety at all times

#### FURTHER INFORMATION

Safe and correct bikes will be provided to students, as well as helmets, which must be worn at all times. Coaching will be given by a Level 2 British Cycling "GO RIDE" coach.







COURSE	English Plus (Dicker) >
VENUE	Dicker campus, Friston Forest and Abbot's Wood
HOURS	6 hours per week (3 x 2 hour sessions)
DAYS	Three days out of Monday, Tuesday, Thursday and Friday
AGES	12–17
LEVELS	Must be able to ride a bike. Must also have the ability to ride for one hour continuously
INSTRUCTION	One teacher per 8 students
FEE	£275 per week
DATES	Week 2: 18–24 Jul Week 4: 1–7 Aug

# **Performing Arts**

#### **OBJECTIVES**

- To build self-confidence and social skills
- To learn about acting, improvisation, choral speaking and/or creative movement
- To enhance the control of the body, voice and expression
- To use intonation to develop emotion, character or story
- To develop team work abilities
- Further development of English language skills including pronunciation, speaking in public and confidence in discussion and collaboration
- To improve awareness of the importance of rehearsal and learning lines, moves or character development









SUMMARY	
COURSES	Little Explorers (Eastbourne) > Adventures in English (Windlesham) >
VENUE	On-campus drama studio
HOURS	6 hours per week (4 x 1½ hour sessions)
DAYS	Monday, Tuesday, Thursday and Friday
AGES	6—14
LEVELS	Beginner, Elementary, Intermediate and Advanced
INSTRUCTION	One teacher per 12 students
FEE	£225 per week

DATES	
LITTLE EXPLORERS (EASTBOURNE)	Week 2: 18–24 Jul Week 4: 1–7 Aug
ADVENTURES In English (Windlesham)	Week 1: 11–17 Jul Week 3: 25–31 Jul

# Photography

#### **OBJECTIVES**

- To use a DSLR (Digital Single Lens Reflex) camera creatively using the Manual Mode (i.e., not relying on automatic exposure)
- To understand the essential functions of a DSLR camera (including ISO, aperture, shutter speed and focusing modes) and how to use these to obtain technically competent, creative photographs
- To create attractive, well-composed photographs
- To build an exciting image folio
- To establish a wide repertoire of photographic skills
- To expand the capacity for reflection and to develop critical thinking
- To increase vocabulary relating specifically to photography

#### FURTHER INFORMATION

Please note all students must bring their own DSLR camera. If you do not have one, please contact us for more information.







English Plus (Dicker) >
Various locations on campus
6 hours per week (4 x 1½ hour sessions)
Monday, Tuesday, Thursday and Friday
12–17
Beginner, Elementary, Intermediate and Advanced
One teacher per 10 students
£225 per week
Week 1: 11–17 Jul Week 3: 25–31 Jul

# Presenting

#### **OBJECTIVES**

- To learn to coherently present oral arguments within a given time frame
- To understand how to use voice and body language to enhance presentation
- To enhance flexibility and rapidity of thought in English
- To develop fluency in English
- To improve vocabulary and diction in English
- To increase self-confidence in your communication skills

A minimum number of students is required for the Academy to run. If an Academy is cancelled a refund will be given.







SUMMARY	
COURSE	English Plus (Dicker and Lancing) >
HOURS	3 hours per week (2 x 1½ hour sessions)
DAYS	Thursday and Friday
AGES	12–18
MINIMUM English Level	B1
INSTRUCTION	One teacher per 14 students
FEE	£125 per week

#### DATES

ENGLISH PLUS (DICKER)	All weeks
ENGLISH PLUS (Lancing)	Week 2: 4–10 Jul Week 3: 11–17 Jul Week 4: 18–24 Jul Week 5: 25–31 Jul Week 6: 1–7 Aug Week 7: 8–14 Aug

# Swimming

#### **OBJECTIVES**

- To build confidence in the water
- To improve arm and leg technique within the four main strokes (front crawl, back crawl, breast stroke and butterfly)
- To understand body position within the four main strokes
- To ensure the correct breathing technique is used
- To achieve swimming out of depth
- To encourage diving and jumping out of depth
- To practise key skills such as gliding, floating and kicking
- To increase vocabulary relating specifically to swimming









SUMMARY	
COURSE	Little Explorers (Eastbourne) >
VENUE	Swimming pool on campus
HOURS	3 hours per week (3 x 1 hour lessons)
DAYS	Monday, Tuesday and Thursday
AGES	6—11
LEVELS	Beginner, Elementary, Intermediate and Advanced
INSTRUCTION	One coach per 10 students
FEE	£225 per week
DATES	Week 1: 11–17 Jul Week 3: 25–31 Jul Week 5: 8–4 Aug

# Tennis

#### **OBJECTIVES**

- To establish ball sense skills and apply them to tennis
- To use first and second serves effectively
- To learn about court positions and where to stand when competing
- To become more tactically aware and effective in playing the game of tennis
- To develop match play techniques, skills and fitness
- To practice specific techniques to enhance consistency
- To improve standard of game play
- To increase vocabulary relating specifically to tennis

A minimum number of students is required for the Academy to run. If an Academy is cancelled a refund will be given.







COURSES	All (except Study Tour)
VENUE	Outdoor hard tennis courts on campus, Eastbourne at a local tennis club
HOURS	6 hours per week (4 x 1½ hour sessions)
DAYS	Monday, Tuesday, Thursday and Friday
AGES	6–19
LEVELS	Beginner, Elementary, Intermediate and Advanced
INSTRUCTION	One coach per 10 students
FEE	£225 per week

#### DATES

LITTLE EXPLORERS	Week 2: 18–24 Jul
(EASTBOURNE)	Week 4: 2–7 Aug
ADVENTURES IN ENGLISH (WINDLESHAM), YOUNG INFLUENCERS (HANDCROSS), ENGLISH PLUS (DICKER AND LANCING)	All weeks
PATHWAYS TO HIGHER	Week 2: 18–24 Jul
Education (Brighton)	Week 4: 1–7 Aug