

LALIGA ACADEMY

CAMPS UK



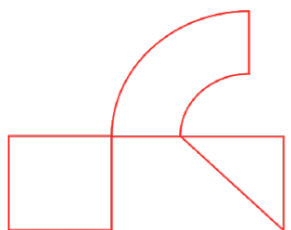
INFORMATION PACK



BEDE'S
SUMMER SCHOOL

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1 CAMP SUMMARY

Participants will benefit from LALIGA's first-class training methodology, delivered by an exceptional team of coaches, the majority of whom hold the prestigious UEFA Pro Licence, the highest coaching qualification in European football, and travel directly from Spain to provide an authentic training experience. Throughout the programme, players will also have the opportunity to learn from former professional footballers from the UK, who will contribute through specialist sessions and guest appearances, further enhancing the overall learning experience.

INCLUDED



Workshops that create the 'complete player'



Social activities including foot-tennis, swimming and more



Excursions to professional football stadiums



hot lunch + snacks



LALIGA training kit



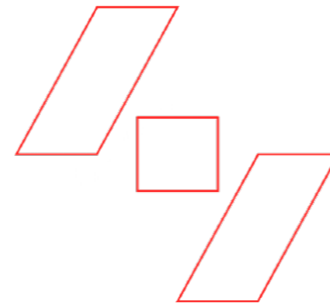
24/7 on-site pastoral care



Individualised technical report and diploma



End of camp awards evening



JUAN FLORIT ZAPATA

HEAD OF FOOTBALL DEVELOPMENT

"We are proud to deliver such a significant LALIGA sporting project in the birthplace of football, the United Kingdom. We look forward to continuing to provide world-class opportunities for players to develop and learn from LALIGA coaches under the LALIGA methodology."

2 LALIGA COACHES

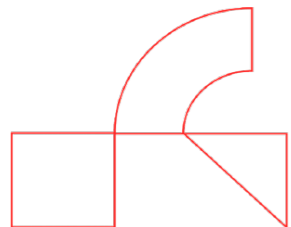
The camp is led by UEFA Pro LALIGA coaches from Spain. Many of whom have experience with professional academies from LALIGA.



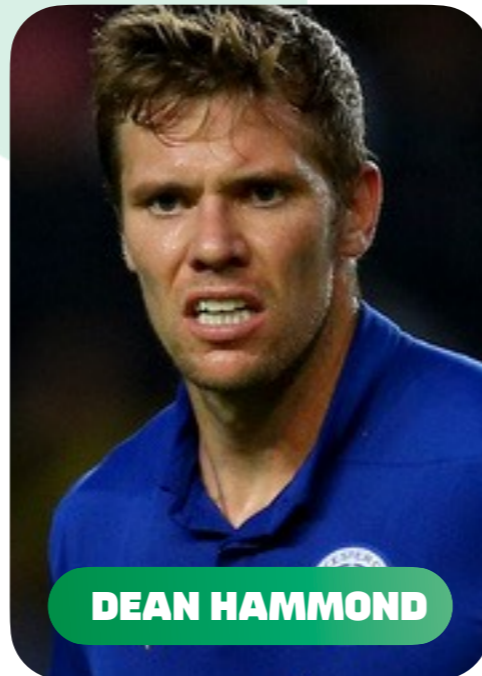
3 FORMER PROS

Throughout the years, LALIGA Camps has welcomed a host of former professional footballers to share their expertise and real-life experiences from the professional game. These special guests help elevate the camp experience, providing players with unique insights into what it takes to succeed at the highest level.

Across each two-week camp, participants can expect a variety of guest appearances, including coaching demonstrations, interactive Q&A sessions, and opportunities to learn directly from those who have played professionally.



PREVIOUS PROS



4 THE FACILITIES

Bede's Senior School is located in the beautiful English countryside in East Sussex.

BEDE'S SENIOR

Address

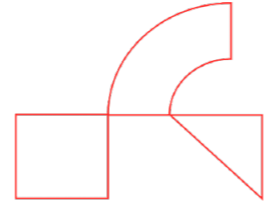
Bede's Senior School Upper Dicker,
Hailsham, BN27 3QH.

Finding Us

Use 'Lower Car Park' from Michelham Priory Road [[click here](#)] for google maps. You will be greeted by staff on the first day and directed to the Sports Complex for sign-in (this is where you will sign-out). Parents are not permitted to stay once your child has been signed-in.



5 CAMP TIMINGS



Please ensure to stick to the drop-off and collection times. Sign in and out from the sports hall.

TIMINGS

MON, TUE, THU, FRI

SIGN-IN 9:00

SIGN-OUT 17:00

WED (EXCURSION DAY)

SIGN-IN 9:00

SIGN-OUT 18:00

THU 9 JUL, 23 JUL & 6 AUG (EVENING FIXTURE)

SIGN-IN 9:00

SIGN-OUT 20:00



LALIGA ACADEMY

6 CAMP SCHEDULES

Although most of the workshops displayed via the 'schedules link' below will be executed, some will be subject to change.



COACHING BY UEFA PRO LALIGA COACHES AND FORMER PRO'S FROM THE UK



OFF-THE-FIELD WORKSHOPS THAT LOOK TO CREATE THE 'COMPLETE PLAYER'



TECHNICAL TRAINING THAT IS PROGRESSIVE OVER THE 2-WEEK COURSE



TRAINING IS ADAPTED FOR PLAYERS WHO DO NOT SPEAK ENGLISH



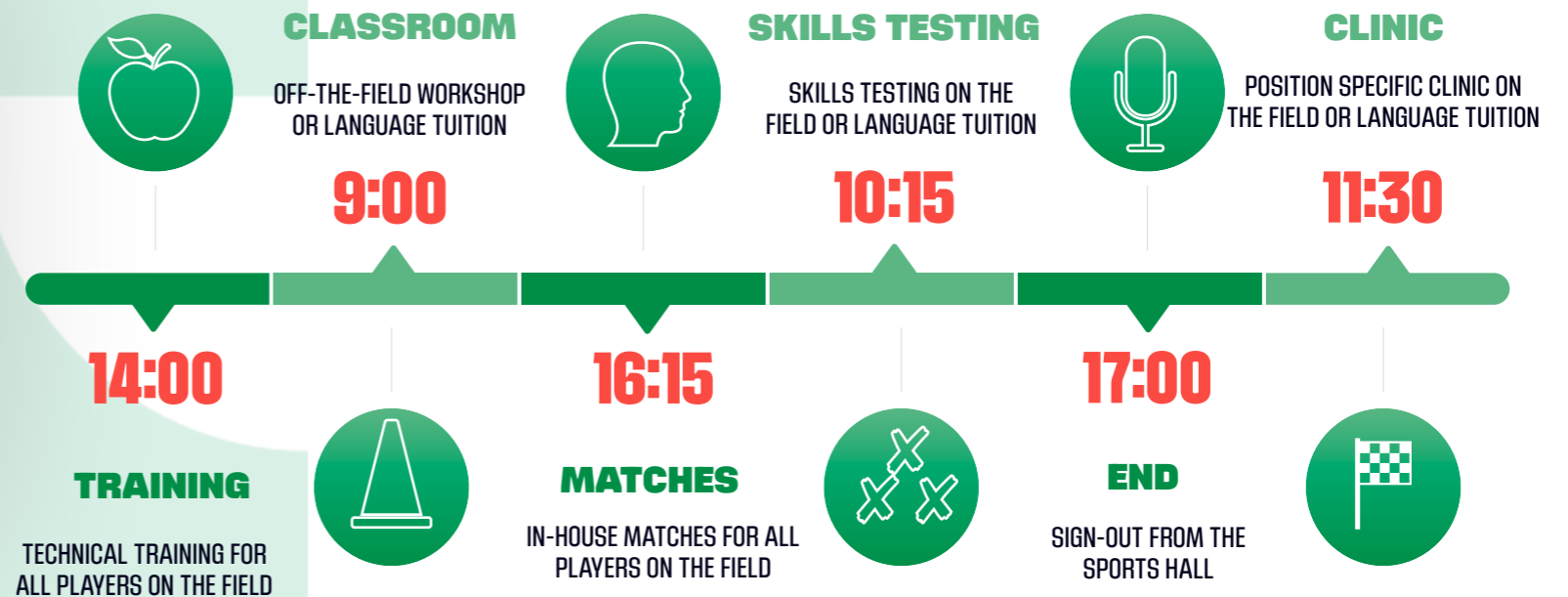
ENGLISH LANGUAGE TUITION FROM LEVEL A1 (FOOTBALL & LANGUAGE COURSE ONLY)



PLAYERS WILL RECEIVE A CAMP DOSSIER AND TECHNICAL REPORT POST-CAMP

A TYPICAL DAY

[CLICK HERE FOR ALL SCHEDULES](#)



7 TRAINING GROUPS

Staff will group players by age and ability if there are enough enrolments to do so. This is to ensure that each player receives the best coaching experience possible. We understand that players coming onto our camps may want to be in the same group as a friend, but we believe this grouping policy places each child in the best coaching group for them to develop as players. There will be opportunities to socialise in-between sessions.

EXAMPLE GROUPING

JUNIOR



MIDDLE



SENIOR



MORNINGS

The mornings consist of low intensity small group workshops, skills testing and training for 'Complete Footballers'. There is usually a low amount of players in attendance during this time due to 'Football & Language' students studying English.

AFTERNOONS

The afternoons consist of high-intensity training for all students. This is where the training will be focused on team development with most days finishing with an in-house match.

GOALKEEPING

Goalkeeper training will take place primarily in the mornings but please note, this is subject to change and may change to the afternoons. The goalkeeper hours will remain the same per week. All goalkeepers ages will train at the same time.



8

TRAINING KIT

PLAYERS WILL RECEIVE **T-SHIRT, SHORTS AND SOCKS**
RES X2 KIT / DAY X1 KIT

OPTIONAL EXTRAS - [CLICK HERE TO PURCHASE](#) (MUST ORDER TWO WEEKS PRIOR TO ARRIVAL DATE)

LEISURE SHIRT



LEISURE PANT



LEISURE SHORT



TRAINING MIDLAYER

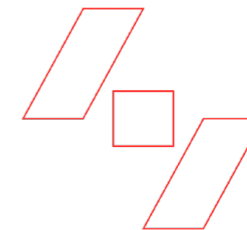


TRAINING PANT



BACKPACK





9 CAMP CHECKLIST

Clothing and equipment needed for camp..

FOOTBALL

- Football boots (firm ground boots advised i.e mould/blade studs advised). We do not advise to bring brand new boots due to blistering or metal studs due to firm ground.
- Trainers
- **LALIGA training kit must be worn daily** (this will be distributed on the first day of attendance). Res players will receive 2x tops, shorts and socks. Day will receive 1x top, shorts, socks
- Large pre-filled water bottle
- Shinpads
- Spare wet weather & warm training attire

OTHER

- Medication (clearly labelled)
- Payment card (for excursions)
- Hat
- Swim kit
- Towel
- Sun cream (please apply prior to the start of each day and bring with you)
- Casual clothing

ADVISED BOOTS..



MOULD STUD (RUBBER)



BLADE STUD (PLASTIC/RUBBER)

LALIGA ACADEMY

S 10

MEDICAL
INFORMATION

Please read the following medical information carefully.

MEDICATION
MUST..

- Be stored in the original container in which it was dispensed (not in a pill box/organiser)
- Be appropriate for the child's age
- Be identifiable, appropriate and not illicit in the UK

MARKED
CLEARLY

All medication must also have the following information clearly marked in English:

- Name of the medication
- Name of the child the medication is prescribed for
- Date the medication was prescribed
- Dosage, time and frequency of administration

LEGAL

It is illegal for us to administer medication that does not comply with our terms. Prescribed medication that does not meet any of the criteria mentioned may be confiscated and returned to the parent/guardian. Players that arrive with undisclosed medications or medical conditions may be refused entry to the camp and sent home. Please liaise with our medical officer [Tony Morriss](#) on arrival.

11 IMPORTANT INFORMATION

Please ensure the following information is understood by both parent and player

A

SIGN-OUT/IN

Please ensure to sign-in and out with your child (players are not permitted to leave the camp unaccompanied and without written permission)

B

FOOD

Day campers are permitted to bring their own packed-lunch (although hot lunch is provided). Please do not pack any foods containing nuts due to allergies and there is a strict 'no sharing' policy.

C

DIETARY

Please inform us if your child has any specific dietary requirements if you have not done so via your booking form.

D

PHONES

Mobile phones are permitted but must be labelled and handed into the camp at the start of the day. Students will have these back at the end of the day.

E

CEREMONY

Our end of camp presentation will take place on the final day of each two-week camp. These will take place in the Recital Room.

12 BEHAVIOUR

The children at our camps are expected to always do their best. Our Child Code of Conduct and Behaviour Policy forms part of our Booking Terms and Conditions. It is designed to ensure that each child is safe and enjoys their time on our camp. We respond quickly to issues of fighting, verbal and physical intimidation, or persistent bad behaviour. Our camps are a professional sporting environment, and the use of alcohol, tobacco and drugs is strictly prohibited.

CODE OF CONDUCT

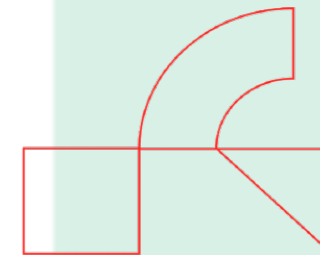
On and off the field, I will:

- Always play my best for the benefit of the team
- Play fairly and be friendly
- Play by the rules and respect the coaches
- Shake hands with the team - win or lose
- Listen carefully when the coach is talking or demonstrating
- Treat my fellow team members with respect and equally
- Understand that a coach has to do what's best for the camp
- Talk to someone I trust or the camp Director if I'm unhappy about anything at the programme
- Encourage my teammates
- Respect the facilities

CODE OF CONDUCT

I understand that if I do not follow the Code, I may:

- Be asked to apologise to whoever I've upset
- Receive a formal warning
- Be dropped, substituted or suspended from training or matches



CAMPS UK

laligafootballcampsuk.com

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